

Dear Room 11 Parents,

I hope you had a great weekend. Next Sunday is the **Parkade** from **11am-2:pm** – lots of family fun!

Each day, we are practicing “I” messages – talking out a problem or conflict with a friend – and getting ourselves back into the “Green Zone”. This means listening with our “heart and ears”. We also have frequent check-ins during the day in which the children are asked to look inside to see how they are feeling. Self-awareness takes practice and there are lots of opportunities for that.

We are also practicing “first time listening” to directions and following them. This takes a lot of practice, too! Please help at home with acknowledgements for following your directions the first time you ask. Start with one thing, something like cleaning up each time after playing with toys, coming to dinner, being ready when time to leave for school, etc. Thank you!

Don't forget to send an **apple to school on Thursday** morning this week! Any kind will do, but if possible, your child's favorite! We will do some math and science activities with it. Then, we'll eat it! We are studying the life cycle of an apple from seed to fruit. You will soon see your child's work on the hallway wall – hopefully first thing next week!

Our class is in-charge of **Elm Street Drop-off the week of Nov. 4-8 from 8:00-8:30am**. There are two slots for volunteers each day that week. FYI – yard duty begins on the upper yard at 8:00am so your children can play while you have duty. Sign up [HERE](#).

Thank you!
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Volunteers This Week

W	Library 9:55-10:50	Tiffany Cleaver
TH	Art 9:55-10:50 (B Group)	Brooke Beck

On The Calendar

Sun., Sept. 29	Parkade 11:00-2:00
Mon., Oct. 14	No School - teacher work day
Thu., Oct. 31	Halloween Parade (more info to come)
Nov. 4-15	Conferences (signups coming soon)
Mon., Nov. 11	No School – Veteran's Day
Nov. 25-29	No School – Thanksgiving Week

Sight Words: in, is, you, that, it (look for these in daily reading)